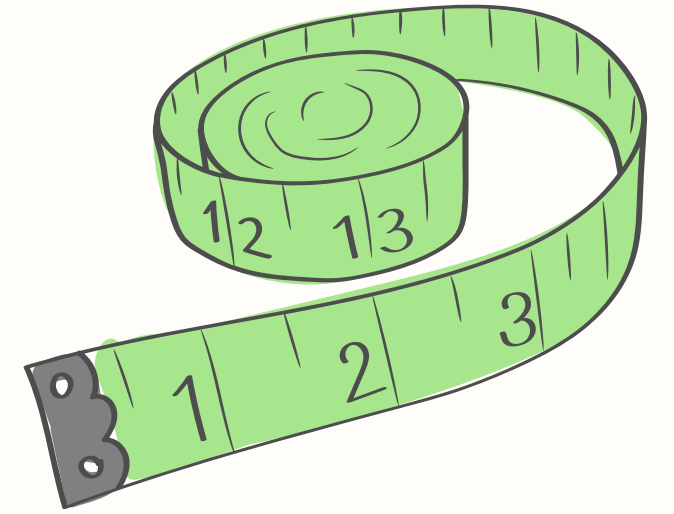


# 2 SHOCKING FACTS About Health French & Americans have in common

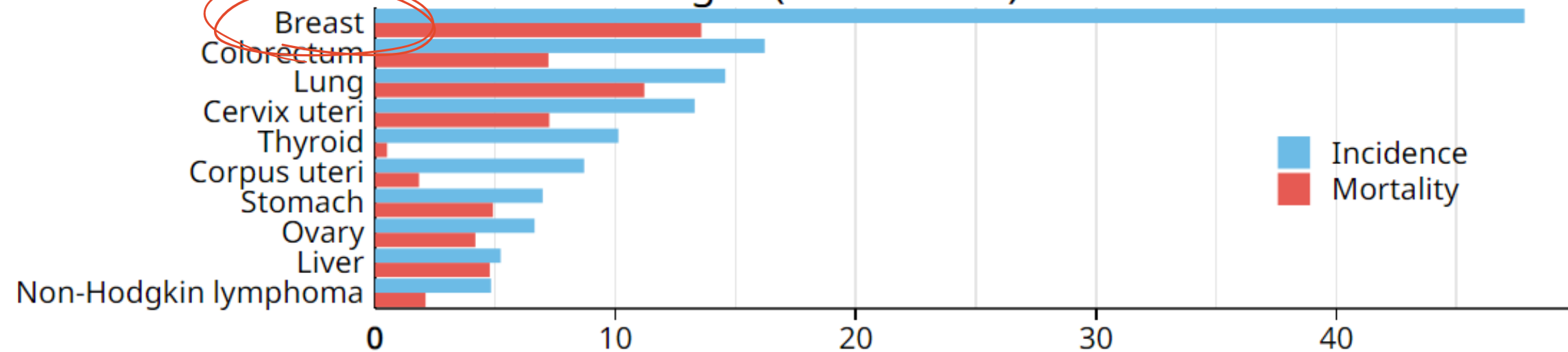


# BREAST CANCER COMPARED TO OTHER KINDS OF CANCER

Breast cancer has the highest mortality rate for women in the world among any other cancer.

GRAPHIC TABLE

Estimated age-standardized incidence and mortality rates (World) in 2020, World, female all ages (excl. NMSC)



Data source: GLOBOCAN 2020  
Graph production: Global Cancer Observatory (<http://gco.iarc.fr/>)  
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International Agency for Research on Cancer  
World Health Organization

<https://gco.iarc.fr/>



# BREAST CANCER IN THE WORLD

It is increasing according to projections

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## Worldwide cancer incidence statistics

Health professional

▼ Data and Statistics

▼ Cancer Statistics

› Statistics by  
cancer type

› Children's and  
young people's  
cancers  
statistics

› Cancer  
incidence  
statistics

› Cancer

### Cases

17 million



New cases of cancer  
worldwide, 2018

### Common cancers



More than 4 in 10 of  
new cases of cancer  
are lung, female breast,  
bowel or prostate  
cancer, 2018,  
worldwide

### Projection to 2030

+62%






Cancer incidence rates  
projected increase  
2018-2040, worldwide

<https://gco.iarc.fr/>

# FIRST, LET'S SEE THE FACTS

## What France & USA have in common

This is a list of countries by cancer frequency, as measured by the number of new cancer cases per 100,000 population among countries, based on the 2018 GLOBOCAN statistics and including all cancer types.

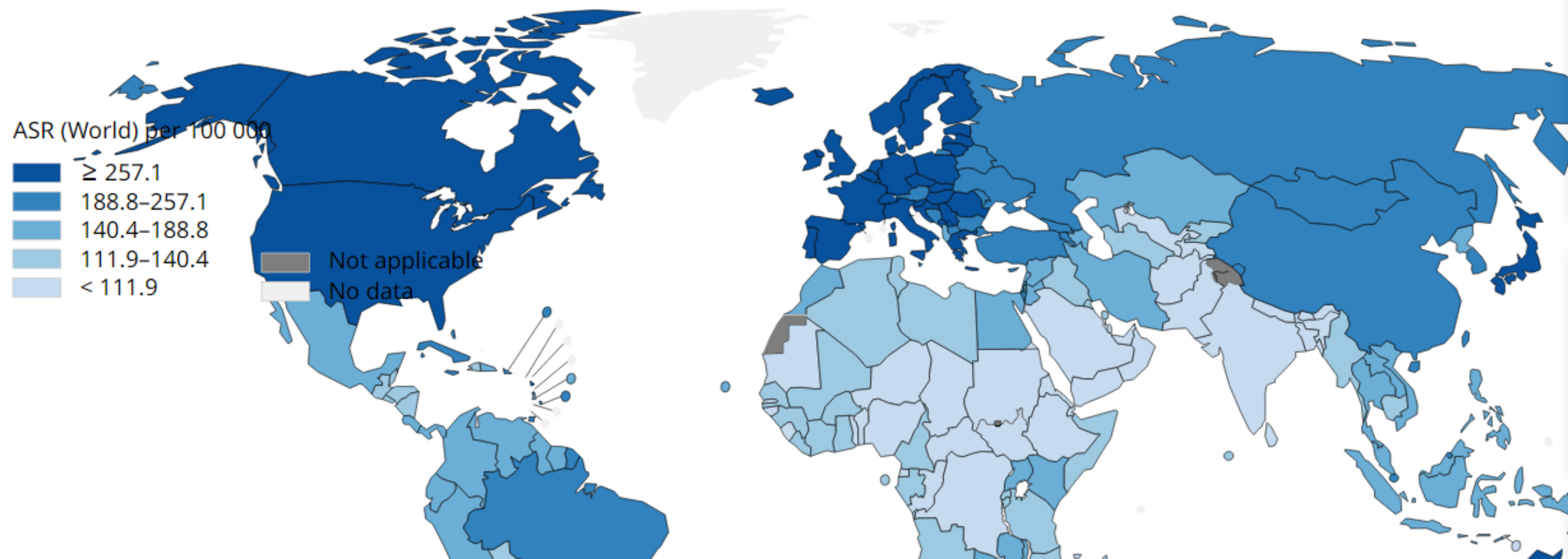
 United States	352.2
 Belgium	345.8
 France	344.1



# BREAST CANCER INCIDENCE IN FRANCE

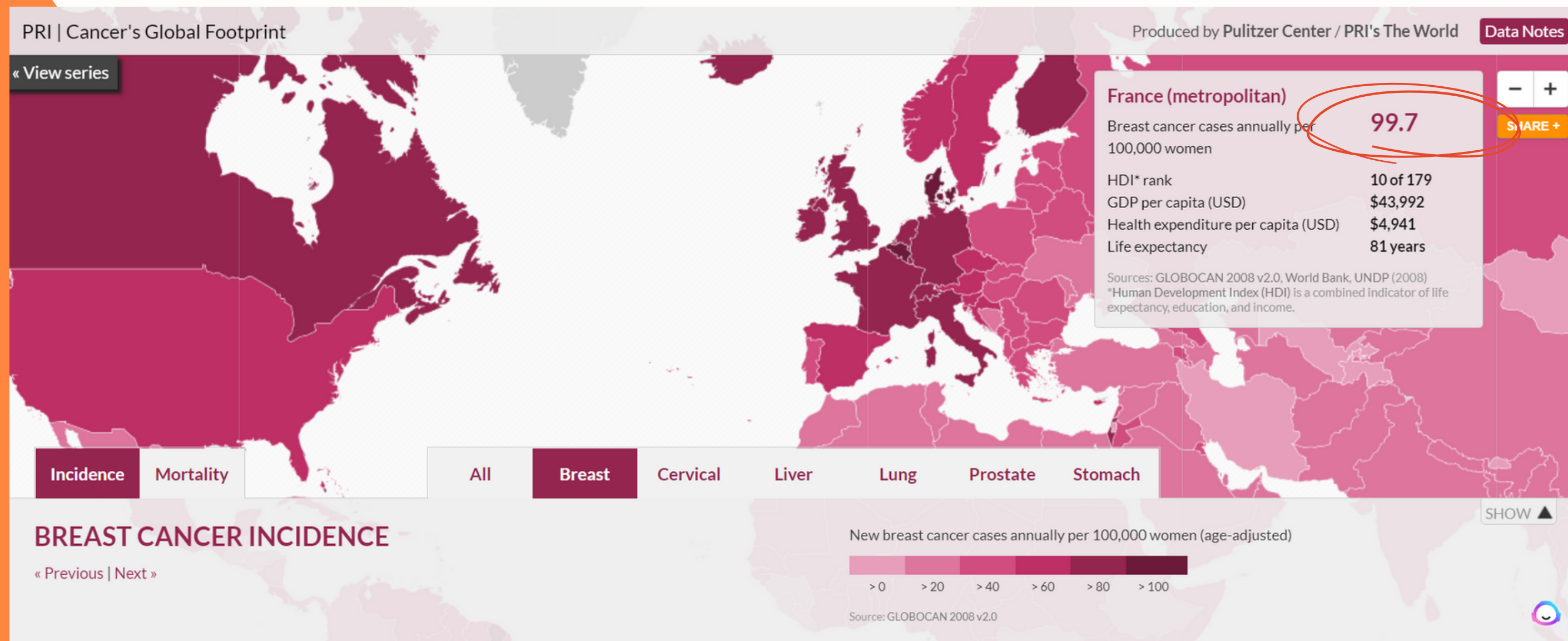
France is in the dark blue zone with the USA when it comes to breast cancer “incidence”

Estimated age-standardized incidence rates (World) in 2020, all cancers, both sexes, all ages



# BREAST CANCER CASES IN FRANCE

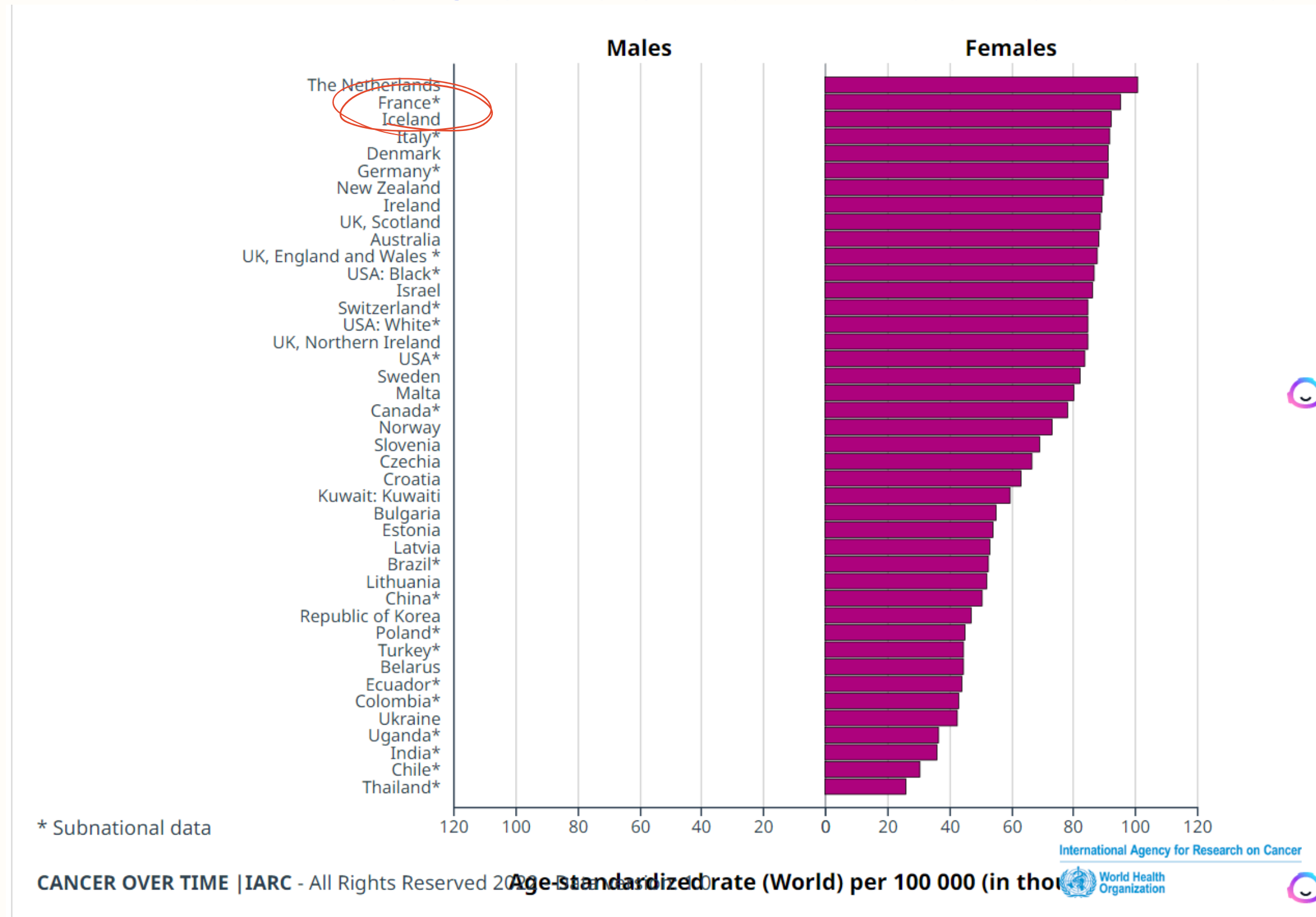
High compared to world, and even higher than the USA



<http://globalcancermap.com/>

# BREAST CANCER IN FRANCE

France is the 2nd highest country with "incidence" of breast cancer

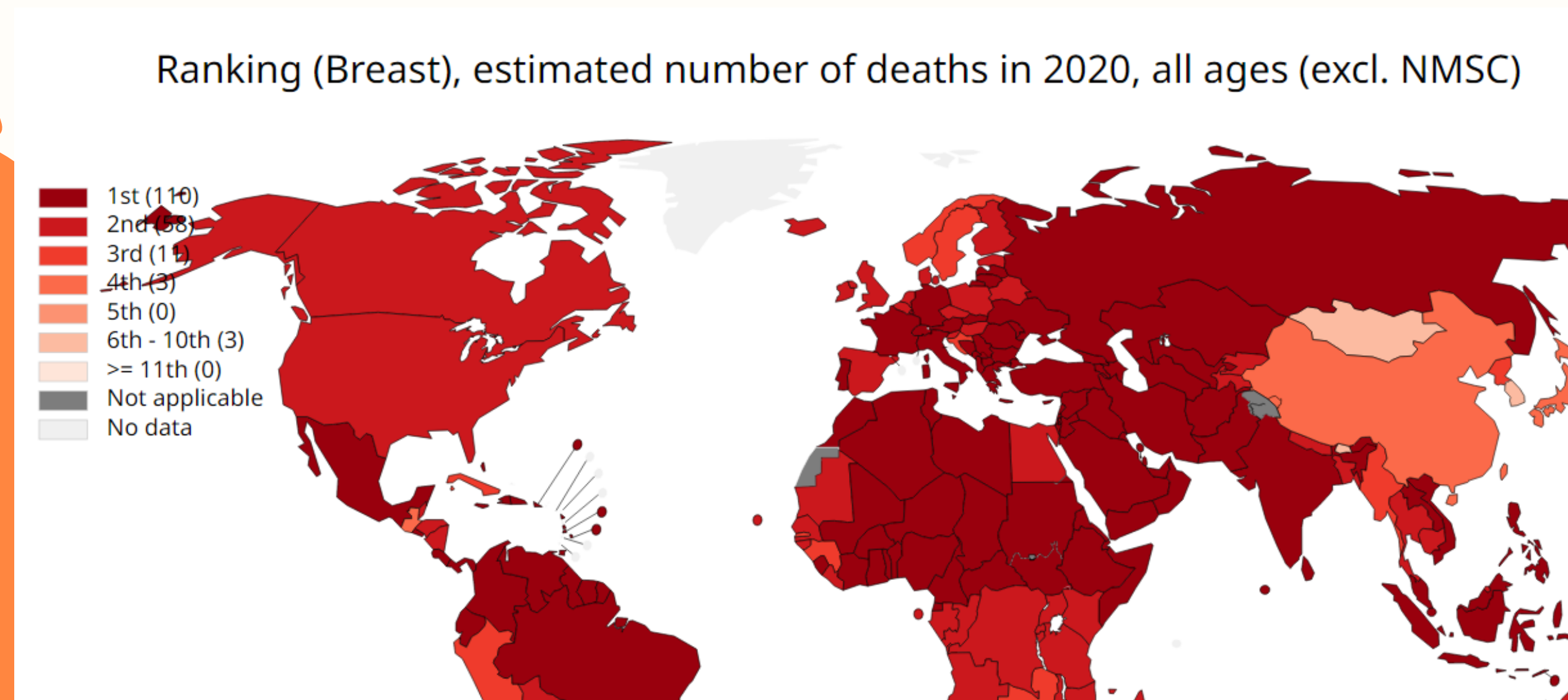


<https://gco.iarc.fr/>



# BREAST DEATH CANCER IN FRANCE

France is in the dark red zone when it comes to breast cancer "death", and is ranked even higher than the USA.



<https://gco.iarc.fr/>

# BREAST CANCER IN FRANCE

France is in the Top 10 countries with the highest number of breast cancer "death" in the world

Ranking (Breast), estimated number of deaths in 2020, all ages (excl. NMSC)

ISO code	Population	Value	Rank
CHN	China	117174	4
IND	India	90408	1
USA	United States of America	42617	2
RUS	Russian Federation	23130	1
IDN	Indonesia	22430	1
BRA	Brazil	20725	1
DEU	Germany	20579	1
JPN	Japan	17081	4
NGA	Nigeria	14274	1
FRA	France	14183	1

<https://gco.iarc.fr/>

# DEPRESSION

## in France & the USA



- More people reported being depressed in France and the U.S. than anywhere in the world, according to interviews with more than 89,000 people in 18 different countries.
- The study, sponsored by the World Health Organization, found that 21 percent of people in France and 19.2% of people in the U.S. reported having an extended period of depression within their lifetime.



# We saw that...

The rates of obesity in France are 1/3 of what they are in the United States

- But the rate of breast cancer death in women is higher than in USA and one of the highest in the world
- And people in France seem to have a good lifestyle but many are depressed

Would it be possible then to be slim, stay slim, or become slim and at the same times be physically and mentally ill?





# YES

There are many women who are slim, or who were overweight and became slim, but who suffer from terrible physical and/or mental illnesses.



So you rather get slim and take the risk to  
be sick or do you rather get slim and be  
healthy and happy?

**There are diets out there that help loose weight  
indeed but that won't help you keep the weight  
off and worse, that can make you sick**

**MY GOAL IS** to help you and any other women  
lose weight in an enjoyable way, keep it off for  
good and to gain vitality.